



# TAMIL NADU OPEN UNIVERSITY

Chennai - 15

School of Social Sciences

SPOT ASSIGNMENT – FIRST YEAR

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**COURSE – P.G Diploma in  
Guidance and Counselling**

**COURSE CODE**

**AY-2018-19**

**DEVELOPMENTAL  
PSYCHOLOGY**

**PGDGC-11**

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**Time: 1 Hour**

**Total Marks: 25**

**Write an essay on any two of the following:**

1. List out hazards of prenatal period with suitable illustrations
2. Write a note on Pervasive psychological disorders during childhood.
3. Discuss the marital problems and the suitable interventions for them.
4. Write a note on health related issues during old age.



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**PSYCHOPATHOLOGY  
AND MENTAL HEALTH**

**PGDGC-12**

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**Time: 1 Hour**

**Total Marks: 25**

**Write an essay on any two of the following:**

1. Describe about the Erikson's psychosocial perspective on development of personality.
2. Write a note on social determinants of personality.
3. Explain the role of family on the development of personality.
4. Discuss about the factors that contribute to mental health



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**FUNDAMENTALS OF  
GUIDANCE AND  
COUNSELLING**

**PGDGC-13**

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**Time: 1 Hour**

**Total Marks: 25**

**Write an essay on any two of the following:**

1. Describe about the counselling process.
2. What are the related fields of Counseling? Explain.
3. Write a note on Trauma and Victim Counselling.
4. Explain the importance of guidance in Schools and Colleges



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**COUNSELLING  
TECHNIQUES AND  
PRACTICE**

**PGDGC-14**

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**Time: 1 Hour**

**Total Marks: 25**

**Write an essay on any two of the following:**

1. Describe the various stages of counselling.
2. Discuss about the counselling interviews.
3. Explain about T- group and sensitivity training.
4. What are the Professional Codes of Ethics for Counsellors,



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		<b>AY-2018-19</b>
<b>TESTING AND ASSESSMENT FOR COUNSELLING</b>	<b>PGDGC-15</b>	

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**Time: 1 Hour**

**Total Marks: 25**

**Write an essay on any two of the following:**

1. What are the characteristics of a good test.
2. Discuss the various methods of assessing personality.
3. Write a short note on Aptitude testing.
4. Write a note on case study method.