

PG-344	MCP-21
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M.Sc. DEGREE EXAMINATION
JUNE 2019.

Second Year Course

PRINCIPLES AND TECHNIQUES OF
PSYCHOTHERAPY

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. List out the psychotherapeutic devices.
2. Write a short note on Experiential therapies.
3. Outline the key features Neuro linguistic programme.
4. Write briefly about the effectiveness of psychotherapy.
5. Relate Psychotherapy and culture.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. What is psychotherapy? How self attitude plays a major role in negative beliefs?
 7. Elucidate the psychodynamic therapy in detail.
 8. Describe cognitive Behaviour therapy.
 9. Explain the procedure to collect case studies and mental status examination in psychotherapy?
 10. Explain in detail about the preliminary points to be considered during Psychotherapy.
 11. Highlights the values and therapist's responsibility in Psychotherapy.
 12. Critically analyse the current issues in Pschotherapy practice.
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PG – 345

MCP - 22

M.Sc. DEGREE EXAMINATION – JUNE 2019.

Second Year

Counseling and Psychotherapy

BEHAVIOUR THERAPIES

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any **THREE** questions.

1. Write a note on implosive therapy.
2. Trace out the historical view of behavioural approach.
3. What is group therapy?
4. Define contingency management.
5. List out the types of reinforcement schedules.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Elaborate on the theory of assertive training and its application in groups.
7. Discuss in detail about Jacobson's relaxation training method and its applications.
8. Explain about the various elements and steps of token economy and its on application in various age groups.
9. Aversive therapy is effective for Dependency behaviour Discuss with suitable examples.
10. Highlight in detail about the extinction procedures.
11. Describe the steps involved in cognitive behaviour therapy.
12. Write an essay on Cognitive behaviour therapy

PG – 346

MCP-23

M.Sc. DEGREE EXAMINATION – JUNE 2019.

Second Year

Counseling and Psychotherapy

PSYCHOTHERAPIES

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. Write notes on client centered psychotherapy.
2. Briefly discuss about the transaction types of TA.
3. What are the primary goals of family therapy?
4. Briefly explain about thought stopping.
5. Enlist the objectives of yoga therapy.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Discuss in detail about Child psychoanalysis.
7. Write in detail about reinforcement schedules of operant conditioning.
8. Highlight the role of strokes discussed in TA.
9. Explain the role of modeling and shaping in therapy process.
10. Trace out the pioneering contribution of India in psychotherapy.
11. Describe the concepts and procedures of gestalt therapy.
12. Give an account of Rational Emotive Therapy.

PG-347

MCP 24

**M.Sc. DEGREE EXAMINATION –
JUNE 2019.**

Second Year

Counseling and Psychotherapy

CLINICAL ASSESSMENT

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. Write notes on psychological tests.
2. How is personality assessed?
3. Name culture fair tests?
4. What is autobiography?
5. Name a few performance based intelligence tests.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Elaborate on the projective techniques and the tests used.
7. Discuss in detail about methods of intelligence assessment.
8. Describe aptitude assessment in current work environment and bring out its importance.
9. Explain the various interest inventories.
10. Explain in detail about the interview skills needed in a clinical setup.
11. Give an account of attitude testing and the tools used for assessment.
12. Write an essay on diagnostic methods in childhood disorders.