

**PG-777**

**PGDGY-01**

**P.G. DIPLOMA IN GERONTOLOGY DEGREE  
EXAMINATION – DECEMBER 2019.**

**INTRODUCTION TO AGING**

Time : 3 hours

Maximum marks : 75

**PART A — (3 × 5 = 15 marks)**

Answer any **THREE** questions.

1. What is meant by gerontology?
2. What are the physical changes that accompany old age?
3. Briefly explain social stratification theory.
4. Write a note on socio emotional selectivity theory.
5. What is meant by empty nest syndrome?

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. What are the myths associated with old age?
  7. Explain cognitive and psychological changes in old age.
  8. Explain psychosocial theories of ageing.
  9. Which are the biological theories that explain ageing?
  10. What are the different perspectives on death and dying?
  11. How can an elderly person cope well with retirement?
  12. What are the psychological and social needs of the elderly?
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**PGDGY-02**

**P.G. DIPLOMA IN GERONTOLOGY  
EXAMINATION – DECEMBER 2019.**

**PHYSIOLOGICAL AND PSYCHOLOGICAL  
PROBLEMS OF ELDERLY**

Time : 3 hours

Maximum marks : 75

**PART A — (3 × 5 = 15 marks)**

Answer any **THREE** questions.

1. What are the eye diseases that affect the elderly?
2. How can diabetes be controlled among old people?
3. Write a note on Alzheimer's disease.
4. Explain causes of neglect towards old people.
5. What are knowledge and skills essential for old age care?

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Explain old age from the society's perspective.
  7. How does the nervous system and immune system change in old age?
  8. What are the causes for stress among the elderly?
  9. Discuss about cognitive deficits among elderly individuals.
  10. Explain symptoms of mental illness in old age.
  11. Discuss about the family life relationship in old age.
  12. What is the need for counselling for old people?
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**PGDGY-03**

**P.G DIPLOMA IN GERONTOLOGY  
EXAMINATION — DECEMBER, 2019.**

**POLICIES AND PROGRAMMES FOR AGED**

Time : 3 hours

Maximum marks : 75

**SECTION A — (3 × 5 = 15 marks)**

Answer any **THREE** questions

1. What are the objectives of International Federation on Aging?
2. Explain the Housing and environment for the elderly?
3. Explain the role of community health centers in caring for old people?
4. Write about active aging.
5. What are the trainings given in Regional Geriatric Centres?

SECTION B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Explain about Madrid international plan of action on aging.
  7. Discuss briefly about WHO and old age.
  8. Write a note on Vienna International plan of Action.
  9. Briefly explain the responsibilities of State and Union territories in setting up NCD cell.
  10. Explain the objectives of NPHCE.
  11. What are the practical difficulties in training of human resources.
  12. Explain the research activities taking place in geriatrics.
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**PGDGY-04**

**P.G DIPLOMA IN GERONTOLOGY  
EXAMINATION — DECEMBER 2019.**

**OLD AGE CARE**

Time : 3 hours

Maximum marks : 75

**SECTION A — (3 × 5 = 15 marks)**

Answer any **THREE** questions

1. What are the life style diseases common in old age?
2. How can nutritional needs of elderly be met efficiently?
3. What is the purpose of National Social Assistance Programme (NSAP)?
4. What are mobile medical services?
5. Write a note on help line services for the elderly.

SECTION B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. What are the steps that can be taken to improve mobility in old age?
  7. What are the mental health issues faced by the elderly?
  8. Explain Technology Interventions for Elderly (TIE).
  9. What are the recreational services available for the elderly?
  10. What are the psychotherapeutic techniques that can be used for old age?
  11. Explain the role of religious institutions in caring for the aged.
  12. What are the characteristics of old age?
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**PG-781**

**PGDGY-05**

**P.G. DIPLOMA IN GERONTOLOGY  
EXAMINATION — DECEMBER, 2019.**

**RESEARCH AND DEVELOPMENT IN  
GERONTOLOGY**

Time : 3 hours

Maximum marks : 75

**SECTION A — (3 × 5 = 15 marks)**

Answer any **THREE** questions.

1. Explain briefly the role of research in welfare of the Aged.
2. What are the scaling techniques employed in research?
3. What is meant by cohort and life span studies?
4. Explain survey method.
5. What are projective techniques for sociometry?

**SECTION B — (4 × 15 = 60 marks)**

Answer any **FOUR** questions.

6. Explain the various types of research in welfare of the old age.
7. Which are the funding organizations for research in Gerontology in India.

8. What is the need for intervention research in old age?
  9. Write notes on observation and interview as research methods.
  10. Briefly write about the recent trends of research on old age in India.
  11. Explain the steps in planning and implementing a research in old age.
  12. Explain the steps in writing a good proposal.
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